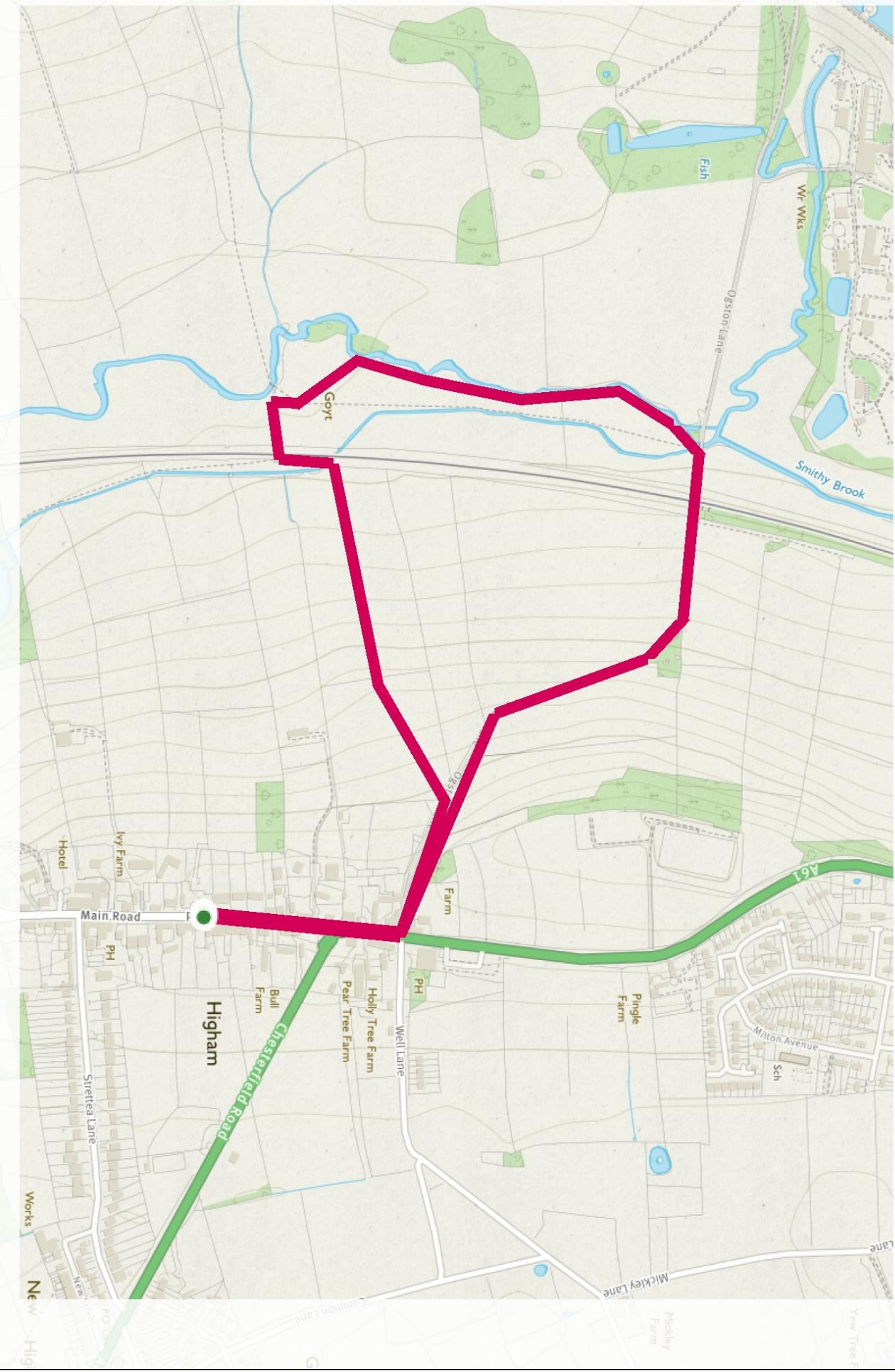


SK 378 599



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SK 394 599

SK 378 599

SK 394 599

## Route Information

Route Name

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## Route Summary

Total Distance	1.6mi (2.6km)	Walk	38min
Elevation	309ft at lowest point	Run	14min
	537ft at highest point	Cycle	8min

Total Ascent **237ft**

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## Elevation Profile



## Route Card

#	OS Grid Ref	Dist from start	Ascent to next	Latitude	Longitude	Elevation
1	SK 390 590	0.00mi	237ft	53° 7' 38" N	1° 25' 6" W	524ft
	Dist to next: 1.65 mi					
2	SK 390 590	1.65mi	0ft	53° 7' 38" N	1° 25' 6" W	524ft